SIMON PALMER

Dancer | Actor | Puppeteer

Date of Birth: 07 July 1983
Height: 6' 2"
Nationality: British

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- CREDITS -

DANCE | THEATRE

DATE	ROLE(S)	PRODUCTION	LOCATION	COMPANY	DIRECTOR
2026	Dancer/ Puppeteer	RETURN TO THE FOREST	UK Tour	Theatre Rites	Sue Buckmaster
2026	Various	THE WITNESS	Oslo, Norway	Jo Blake	Jo Blake
2021-24	The Pilot	THE LITTLE PRINCE	UK & Int'l tours	Protein Dance	Luca Silvestrini
2024	Dancer	FEEL THE BEAT	Gulbenkian, Canterbury	Jodie Cole Dance	Jodie Cole
2024	Several characters	May Contain Food, May Contain You	UK Tour	Protein Dance	Luca Silvestrini
2022	Several characters	TEN SORRY TALES	Sadler's Wells and Norwich Playhouse	Ballo Arthur Pita	Arthur Pita
2017 - 19	Duncan The Cunning Man The Porter The Speakeasy	SLEEP NO MORE	Shanghai, China	Punchdrunk	Felix Barratt & Maxine Doyle
2017	Dancer	S/HE	The Place, London	Hannah Buckley	Hannah Buckley
2016	Clementina Lamplighter Astronaut	THE LITTLE MATCH GIRL	Sadler's Wells	Ballo Arthur Pita	Arthur Pita
2016	Dancer	THE GROUND WE TREAD	Pumphouse Gallery, London	Ilona Sagar	Ilona Sagar
2015	Dancer	BETRAYAL: A POLYPHONIC CRIME DRAMA	UK Tour	I Fagiolini	John La Bouchardiere
2013 - 15	Soo	THE LIBRARIANS	UK Tours	Pestiferous	Mary Eddowes
2014	Dancer	SOFT ADDICTIONS	Embassy Gallery, Edinburgh	Ilona Sagar	Ilona Sagar
2013 – 14	Harry Greener Mr. Tuttle	THE DROWNED MAN	London	Punchdrunk	Felix Barratt & Maxine Doyle

2011	Dancer	HIS SHOES, HER EYES	The Place, London	Resolution!	Naomi Cook
2010	Dancer	MASQUERADE	UK & Int'l Tour	Tilted Productions	Maresa von Stockert
2010	Dancer	PRIVATE EVENT	Wapping Power Station	The Wapping Project	Jules Wright
2009	Dancer	BREAD OF LIFE	UK Tour	Springs Dance Company	Suzannah McCreight
2008 – 09	Dancer	T(R)APPED	UK Tour	Tilted Productions	Maresa von Stockert
2008	Dancer	IS IT ME..?	UK Tour	Wayne Sables Project	Wayne Sables
2007 – 08	Dancer	GLACIER	UK Tour	Tilted Productions	Maresa von Stockert
2006	Dancer	YDE FUTURES	Yorkshire Dance, Leeds	Lucy Suggate	Lucy Suggate

CHILDREN'S | PUPPETRY

2025	Baby Dino Handler	JURASSIC WORLD: THE EXPERIENCE	Battersea, London	Neon Productions	Richard Neville
2025	Buffalo Storyteller	THE LION INSIDE	2 Asia Tours & Southbank Centre, London	Nicoll Entertainment	Sarah Punshon
2023-24	Sprig Sprout	WISHMAS	Waterloo Vaults	Secret Cinema	Elgiva Field
2023	Puppeteer	ELROW TOWN	Parsloes Park, London	Twisted Society	Dajana Fifield
2022	Dancer/ Puppeteer	STORIES OF A LITTLE WATERSPRITE	UK Tour	Sophie Nüzel	Sophie Nüzel
2016	Excavator	RUBBISH RECYCLED	International Tour	Theatre-Rites	Sue Buckmaster & Elgiva Field
2016	Dr. Simon	ANIMATING THE BRAIN	Polka Theatre	Theatre-Rites	Sue Buckmaster
2014	Chatty Narrator Mrs. Spencer	MUCKY PUP	Regional Tour	Theatre Alibi	Nikki Sved
2014	Glove Man	THE LOST GLOVE	Short film	Theatre-Rites	Lizzy Oxby
2013 – 14	Excavator	RUBBISH	UK Tours	Theatre-Rites	Sue Buckmaster
2013 - 14	Self	BANK ON IT	London & Coventry	Theatre-Rites	Sue Buckmaster
2011 – 12	Self	MOJO	UK/International Tour	Theatre-Rites	Sue Buckmaster & Arthur Pita
2010	Self	PARADISE	Essen, Germany	Theatre-Rites	Sue Buckmaster

OUTDOOR

2023-2026	Various chess pieces	CHESS FEST	Trafalgar Square	The Provibers	Alex Bowra
2024	Dancer	EN ROUTE TOGETHER	Woolwich	Protein Dance	Luca Silvestrini
2023	Max Cheering	BERTHA THE BIG BLUE ELEPHANT	Festival Place Basingstoke	Bakehouse Factory	Hetty Burton
2022	Fox Paradox	THE BOOGIE BOOTH	Tripspace	Jodie Cole Dance	Jodie Cole
2022	Dancer	EN ROUTE TO COMMON GROUND	Greenwich & Docklands IF	Protein Dance	Luca Silvestrini
2015	Ernie	TIME FOR TEA	Royal Opera House, London	Wet Picnic	Matt Feerick & Judy Barrington-Smuts
2014 - 15	Beardy	THE WEIRDY BEARDIES	UK Tour	Pestiferous	Mary Eddowes
2013	Ernie	TIME FOR TEA	UK Tour	Wet Picnic	Matt Feerick & Judy Barrington-Smuts
2013 - 16	Geoff	THE NERDY BIRDIES	UK Tours	Pestiferous	Mary Eddowes with Tom Roden
2010 – 12	Dancer	SEASAW	UK & European Tours	Tilted Productions	Maresa von Stockert

FILM | TV | VIDEO

2025	Stunts	MAFIATHON 3	Trailer (online)	Kai Mafia	ProdCo
2025	Crowd	INCH'S CIDER	TV commercial	Blink Ink	Matt Marsh
2024	Narrator	SCHREDER CORP	Internal promo video	Cavendish Consulting	Rebecca Woods
2022	RAF Officer	THE CROWN (SEASON 6)	Drama series	Netflix	Netflix
2022	Crowd	FLATSHARE	Drama series	Viacom CBS	Paramount+
2021	Ghillies Ball Guest	THE CROWN (SEASON 5)	Drama series	Netflix	Netflix
2021	Whitehall Guard	BECOMING ELIZABETH	Drama series	Amazon Prime	Starz
2018	Duncan Simon	SLEEP NO MORE	Feature (Excerpts)	Punchdrunk	Vice Magazine (China)
2015	Dancer	WHISKY STORY	Music video	Example	Example
2015	Biscuit	BROADCAST FROM BISCUITLAND	Shepherds Bush Studios	BBC	People Pile/ Touretteshero

2014	Dancer/ Model	KOMODO FASHION	Advertisement	Komodo	Locomotion
2014	Dancer	WASTING YOUR TIME	Music Video	The Greeners	Son & James
2013	Dancer	DESPAIR	Music video	Esben & The Witch	Beggars/ Matador
2011	Spectator Walk-on	118118 AT THE MOVIES	TV Idents	ITV	ITV
2011	German Soldier	WAR HORSE	Feature film	Dreamworks/ Amblin	Stephen Spielberg
2008	Dancer	LORDS OF THE STRING	Music video	The Power Lords	Fleur Darkin

MISCELLANEOUS

2024	Hairy Monster	OUTBRAIN HALLOWE'EN EVENT	Light Bar, Shoreditch	People Pile	Lauren Bridle
2024	Presenter	SCHRADER PROMO VIDEO	Informational video	Schrader Corp	Cavendish Consulting
2023	Compére	BRISTOL PRIDE FUNDRAISER	Cribb's Causeway	Bakehouse Factory	Hetty Burton
2022	Royal Footman	QUEEN'S JUBILEE CELEBRATIONS	Bristol City Centre	Bakehouse Factory	Hetty Burton
2022	Stilt walker	CORPORATE EVENT	Bloomsbury Big Top	UNITED ARTISTS	United Artists
2016	Maiden Aunt Soldier/Thug	BENVENUTO CELLINI	Rome, Italy	ENO	Terry Gilliam
2015	Snow Queen	WINTER MASKED BALL	Waterloo Vaults, London	People Pile	Lucy Ridley
2009	Movement Facilitator	MY VOICE SHALL NOW COME FROM THE OTHER SIDE OF THE ROOM	The 'A' Foundation, London	Lundahl & Seitl	Kristof Lundal & Martina Seitl
2009	Facilitator/ Interactor	MARTINA'S BIRTHDAY	Battersea Arts Centre London	Lundahl & Seitl	Kristof Lundal & Martina Seitl
2009	Greenscreen performer	LPDE-3	Informational video	QAPCO	QAPCO

R&Ds (for shows not appeared in)

2025	Puppetry/storytelling	BEARLY THERE	Theatre Sprout	Hannah Goudie-Hunter
2023	Puppeteer/movement	AIR	Theatre Rites	Sue Buckmaster
2022	Greenscreen performer	100 WAYS TO NAME A WOODLOUSE	Becca Cox & Bronwen Wilson	Familia de la Noche

2016	Dancer/facilitator	THE BUILDY-UPPY DANCE SHOW	Anatomical	Tom Roden & Anna Williams
2016	Puppeteer/performer	THE WELCOMING PARTY	Theatre Rites	Sue Buckmaster
2015	Dancer	B*ELONGING*(S)	Tilted Productions	Maresa von Stockert
2015	Actor	THE BOY WHO CLIMBED INTO THE MOON	Theatre Alibi	Nikki Sved
2015	Puppeteer/movement	INFLATABLES	Theatre Rites	Sue Buckmaster
2015	Dancer	THE LITTLE GHOST	Sophie Nüzel	Sophie Nüzel
2013	Dancer	I LOVED YOU AND I LOVED YOU	Sweetshop Revolution	Sally Marie

Choreography | Movement/Puppetry Direction

2025	THE MAGIC FLUTE	Protein Dance	Luca Silvestrini
2015	FALLING	Theatre Alibi	Nikki Sved
2009	FIVE A DAY: PEACE	Springs Dance Company	Ruth Hughes
2006	BATTLE LINES	Evolve Dance Company	Lisa Warnock

Teaching

2017 – 19	PUNCHDRUNK	Contemporary Voice Repertoire	Pre-show company warm-up One-off company workshops To new company members
2014 – 17	DANCE BUZZ, LONDON	Ballet/classical	Weekly classes (courses)
2009	THE BIG DANCE/TILTED PRODUCTIONS	Contemporary	Delivering choreography to elderly participants
2009	TILTED PRODUCTIONS	Contemporary	Apprenticeship auditions
2009	SPRINGS DANCE COMPANY	Contemporary	Daily/morning class
2007 – 12	TILTED PRODUCTIONS, LONDON	Contemporary Repertoire	Daily/morning class Pre-show company warm-up Outreach Workshops
2010 – 11	WAC PERFORMING ARTS COLLEGE. LONDON	Contemporary	Guest Dance Lecturer (part-time, 16-18 yrs.)
2006 – 07	YORKSHIRE DANCE, LEEDS	Ballet/classical	Beginner & Intermediate open evening classes
2005 – 07	RICKSTONES ACADEMY & COLLEGE, ESSEX	Contemporary & ballet/classical	Dance Lecturer (part-time, 11-18 yrs.)
2005	DANCEWORKS, LEEDS	Contemporary	Summer school & workshop leader (5-15 yrs.)
2004	NORTHERN SCHOOL OF CONTEMPORARY DANCE, LEEDS	Contemporary	Teaching assistant, EASTER04 holiday workshops (14-18 yrs.)

TRAINING & QUALIFICATIONS

2007	PG (Dip) Contemporary Dance Performance	Northern School of Contemporary Dance, Leeds	Distinction
2005	BA (Hons) Contemporary Dance	Northern School of Contemporary Dance, Leeds	2:1
2002	BTEC Performing Arts	Rickstones Sixth Form, Witham, Essex	AA
2002	A Level Music	Rickstones Sixth Form, Witham, Essex	A
2002	AS Level Fine Art	Rickstones Sixth Form, Witham, Essex	B
2001	GNVQ Adv. Media	Rickstones Sixth Form, Witham, Essex	Merit
1999	GCSE Music	John Bramston School, Witham, Essex	A
1999	GCSE Drama	John Bramston School, Witham, Essex	A
1999	GCSE English Literature	John Bramston School, Witham, Essex	B
1999	GCSE English Language	John Bramston School, Witham, Essex	B
1999	GCSE Double Science	John Bramston School, Witham, Essex	BB
1999	GCSE Mathematics	John Bramston School, Witham, Essex	B
1999	GCSE Geography	John Bramston School, Witham, Essex	B
1999	GCSE Spanish	John Bramston School, Witham, Essex	C
1999	GNVQ Int. Manufacturing	John Bramston School, Witham, Essex	Merit

Other Skills/Experience/Workshops

Comedy and Clown, 5-day full time course, Mick Barnfather, 2023
Vocal Technique, 5-day full time course in Voice at City Academy, 2023
The Poetic Body, 2-day Le Coq mask and movement workshop with Thomas Prattki (LISPA), 2017
Comfortable singer (bass-baritone), confident with harmonies, read music, play piano, flute, recorder
Work as a life model for London Drawing, venues include Tate Modern, Big Chill Festival, Battersea Arts
Competent tap dancer
Competent poi-spinner
Competent (dura)stilt-walker
Textile designer/maker (weave and knit) - sipalmer.co.uk/portfolio

REFERENCES

Sue Buckmaster	Theatre Rites	sue@theatre-rites.co.uk	+44 (0)20 7164 6196
Luca Silvestrini	Protein Dance	luca@proteindance.co.uk	+44 (0) 330 500 2020